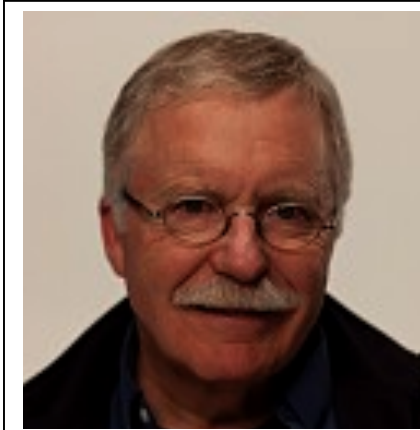


# Michael's One Page Trainer Profile

## What People Like and Admire about me as a trainer

- Shares freely
- Makes it easy to understand
- Makes you think
- Makes it real, tells it like it is
- Good story teller
- His dry sense of humor
- Engaging
- Knowledgeable



## How to best support me as a trainer

- Someone other than me takes care of the logistics and does it well!
- Make sure I have a patient timekeeper who reminds me –
  - About breaks and
  - Where we are supposed to be on the agenda
- Remind me of what I am doing next week and next month so that I will prepare
- Give me honest feedback about the training and how I did so that both the training and I can improve
- Partner with me in improving the training or developing the next generation of training
- If you are helping me with travel, a hotel with OK exercise equipment is important to me
- Keep in mind that I need downtime from being with people from time to time – it isn't personal

## What is Important to me as a trainer

- That the training makes a difference
  - That I hear stories (later) of how they applied what they learned and the difference it made
- People learn during the training – that I can see “light bulbs” going on
- People ask when they have questions
- To have fun, see people laugh, and for all of us to enjoy the training
- I give people my best
- I am able to keep people engaged, having fun, and learning
- I contribute to the next generation of learning
- A balance between home and work
- Some down time – away from people
- Exercise while on the road